Upcoming TIBBS-sponsored events:

- **Fri./February 8th at noon, location TBD:** Translational Medicine Lunch & Learn
  Join program alumna Dr. Kim Carpenter (PhD, 2010, Belger lab) and a UNC clinical researcher to talk about how doing a postdoc in an MD's research lab can provide a unique training experience. Kim is currently a postdoc in an MD's lab at Duke. She leads the neuroimaging portion of the Duke Center for Developmental Epidemiology Learning About the Developing Brain study, which is a longitudinal study of early brain development and preschool anxiety disorders. To register: [http://tinyurl.com/b9y9q5e](http://tinyurl.com/b9y9q5e)

- **Wed./February 13th, 10:00am to 11:00am in Genome Sciences 1377:** Survival of the Fittest: How Successful Scientists Balance Work and Life
  The newly re-launched UNC Women in Science (WinS) group is hosting its first event of the year! Our first event will be an informal discussion-oriented event with faculty who will be sharing different perspectives on their work-life experiences. Panelists span a variety of academic environments and personal backgrounds and will include Billy Kim, MD, Jean Cook, PhD, Lorrie Cramer, PhD, and Kim Rathmell, MD. Join us for this event and learn tips to help you navigate your work and life successfully. We welcome participation from all genders, as these topics are relevant to all!
  To register: [http://tinyurl.com/b2b8ao9](http://tinyurl.com/b2b8ao9)

- **Wed./February 20th at noon in the MBRB atrium:** TIBBS Cupcake Social
  In the spirit of Valentine’s Day, enjoy some sweet treats while basking in the company of great graduate student minds. Please bring your One Card to be served, but no registration is necessary.

- **Wed./February 27th, 3 - 5:30 pm:** The Third Annual TIBBS Career Blitz!
  Register now for our most popular yearly TIBBS event! This year, we will have 25 PhD-trained scientists from 12 different career tracks on hand to informally answer your questions about what they do, how they got where they are, and how you can follow in their footsteps. Enjoy light refreshments while you speak with just a few scientific career ambassadors or all of them during the 2.5 hour come-and-go event.
  Scientists will be present to represent careers such as science writing/editing, higher education, government, science policy, science administration, business development, industry research, regulatory affairs, science outreach, patent law, and more!
  Detailed event location and room assignments will be provided to those who register. Career profiles can be found here: [http://tibbs.unc.edu/2013-career-blitz/](http://tibbs.unc.edu/2013-career-blitz/)
  Click here to register: [http://tinyurl.com/amdeth2](http://tinyurl.com/amdeth2)
TIBBS CAREER BLITZ

Where will your degree take you?

Wednesday, February 27, 3 - 5:30 pm
Genetic Medicine Building Atrium and Conference Rooms

Informal Q&A sessions and networking opportunities from 3 - 5 pm, followed by a 30-minute general networking session

You’ll meet 25 scientists from these career tracks:
Science Writing/Editing
Research Roles in Academia
Higher Education
Government
Science Outreach
Science Policy/Administration
Patent Law
Business Development
Big Pharma
Small Biotech
Clinical Research/Regulatory Affairs
Non-Profits

View career profiles and register at tibbs.unc.edu
Visualize Your Future & Take Action
Survival of the Fittest: How Successful Scientists Balance Work and Life

When? February 13, 2013 at 10 am
Where? Genome Sciences 1377
What? A panel of male and female faculty will be available to answer questions about their daily life in and out of work, having a family, and being successful.

Forks in the Road: Choosing Your Career Path

When? March 22, 2013 at 9:30 am
Where? Bondurant G010
What? A panel of PhD and MD representatives from various careers such as industry, government, academia, and postdoctoral fellowships.

Time to Change: A Discussion on the State of Women in Science

When? April 4, 2013, 5:30-7:00 pm
Where? Bondurant G030
What? A journal club discussion on recent articles about Women in Science, cosponsored by Graduate Women in Science (GWIS).

Meet Your Match: Scientific Speed Networking

When? May 10, 2013 (time TBA)
Where? Location TBA
What? In time for spring, let us take science outdoors and meet faculty from campus.

UNC Women in Science
Refreshments will be served!
Supporting and Promoting Women Scientists at UNC

**Survival of the Fittest: How Successful Scientists Balance Work and Life**

**February 13, 2013 at 10 am**
**Genome Sciences Building, Room 1377**

Join us for an informal discussion with faculty from a variety of personal and professional backgrounds and learn tips to help you navigate your work and life successfully.

Billy Kim, MD

Lorrie Cramer, PhD

Jean Cook, PhD

Kim Rathmell, MD, PhD

We welcome participation from all genders, as these topics are relevant to all!
REGISTER FOR THE FIRST ANNUAL DNA DAY 5K ON May 18th!

Race Information

Start time: 9:00am on Saturday, May 18th 2013.
(Kid’s fun run: line up at 9:45am)

Line up location: Raleigh Street across from the Carolina Student Union on UNC Chapel Hill campus.

Join us for the 1st annual run to support science outreach and education in North Carolina. All funds raised from this event will support North Carolina DNA Day – an annual event to inspire and educate the next generation of scientists, to support North Carolina science teachers, and to bridge the gap between NC’s leading research enterprises and high school science classrooms. Each year, NC DNA Day scientists visit over 100 high schools statewide to share their passion for science and to present an interactive, hands-on lesson about genetics and biotechnology. Visit our website at http://ncdnaday.org

Register with SPORToften at http://ncdnaday.org/5K or use the QR code below

After Race Science Festival

Biosciences in Motion: Moving Research from Lab to Your Life
This festival will feature booths with hands on science demonstrations, fun science related activities with prizes, and researchers discussing the latest discoveries in biomedical research.
BIOSCIENCES IN MOTION
moving research from the lab to your life

May 18 • 10a-12p
UNC Student Union • Great Hall

EXHIBITORS NEEDED
for our upcoming Science Festival!

Design a demonstration, experiment, or activity for high school students relating your research to their lives.

For more information and to sign up for a booth, visit:
http://ncdnaday.org/festival/
Pioneering Postdoc Programs

The Division of Pharmacoepidemiology and Pharmacoeconomics at Brigham and Women's Hospital Department of Medicine and Harvard Medical School invites applications for a new postdoctoral fellowship in pharmaceutical law and health services research. Areas of focus include regulation, intellectual property, and comparative effectiveness, as well as the development, approval, and evidence-based use of drugs, devices, vaccines, procedures, or diagnostics. Applications are invited from scholars with doctoral degrees (M.D., J.D., Ph.D., Pharm.D., or equivalent) or who will complete such training by July 2013. Fellows will have an appointment at Harvard Medical School, receive close mentorship from faculty members in the Division, and engage in one or more projects intended to start their careers in law and public health research. Appropriate candidates will also be able to enroll in the Harvard School of Public Health summer Clinical Effectiveness Program with the option to pursue a Master's degree in public health. Deadline is March 1, 2013. Email Aaron KesSELHEIM, M.D., J.D., M.P.H. at akesselheim@partners.org for more information.

Harvard Medical School/Brigham and Women's Hospital Fellowship in Pharmaceutical Law and Health Services Research
Click here to view seminars, workshops/events, and TIBBS events on our TIBBS calendar.

Cheap Things

**Groupon**

Groupon is a website that offers deals on things to do, services, and places to eat in your area.

**Living Social**

Offers one deal every day with discounts of up to 90% at local restaurants, bars, spas, theaters, and more.

**Our Local Deals**

Deals for the Greater Chapel Hill, Carrboro and Orange County Communities

**FEBRUARY EVENTS:**

**Valentines in the Village**

Visit all of the participating Southern Village businesses to get treats, gifts, refreshments & surprises for your children. It’s like Halloween trick-or-treating, but with a Valentines theme. More details will follow.

http://www.southernvillage.com/events.htm?view_events=past&event_year=2013

**Playmakers Theater presents “Clybourne Park” and “A Raisin in the Sun”**

Debuting in 1959 and nominated for multiple Tony Awards, A Raisin in the Sun was the first play written by a black woman to be produced on Broadway. In this groundbreaking drama proceeds from a life insurance policy give the Younger family hope for a better life. Can their “dreams deferred” be realized by moving into a home in an all-white neighborhood when they are confronted with conflicting desires within the family and racial prejudice outside their door? Written in 2009, Clybourne Park takes up where Raisin leaves off, in 1959 with a white couple selling their home to the Youngers and causing uproar among their middle class neighbors. The second act fast-forwards 50 years with neighborhood demographics radically shifted and the first family of gentrify-
ing whites about to move into what is now a predominantly black community. Times have changed, but what about the no-holds-barred conversation about race and the politics of community?
http://www.playmakersrep.org/

Carolina Union Activities Board:
Different activities organized by the CUAB. Free films are shown during the school year.
http://www.unc.edu/cuab/events.shtml

Valentines Events:
List of Most Romantic Restaurants
http://raleighdurham.about.com/od/diningandnightlife/tp/The-Most-Romantic-Restaurants-In-Chapel-Hill-And-Carrboro.htm

Valentine’s Day Dinner - Carolina Inn
Treat your sweetheart to an evening they’ll remember with Carolina Crossroads Restaurant in Chapel Hill. Enjoy an exceptional 4-course meal created by Executive Chef James Clark, share a romantic dessert by Pastry Chef Sara Thomas and celebrate with a champagne toast. Dinner includes a rose for your one and only to make the evening complete. $75 per person. Call for reservations at 919-918-2735. http://www.carolinainn.com/chapel-hill-valentines-dinner-menu.php

Valentine’s Day Guide to the Triangle

Chapel Hill/Carrboro events:
http://chapelboro.com/Calendar/9470615

Playmaker’s Theater:
http://playmakersrep.org/

Raleigh Festivals this Month:
http://eventful.com/raleigh/events/categories/festivals_parades

Triangle Film Events this Month:
http://eventful.com/raleigh/events/categories/movies_film/this-month

Thorough List of Local Events by Category:
http://eventful.com/raleigh/events

LOCAL EVENTS CALENDARS
Chapel Hill Event Calendar:
http://events.triangle.com/search?city=Chapel+Hill&new=n&srad=50&st=event&swhat=&swhere=&swhen=Next+30+Days
http://www.visitchapelhill.org/calendar/events/index.php?year=2013&month=01&day=1

Durham Event Calendar:
http://www.durham-nc.com/visitors/event_cal.php

Carrboro Citizen:
http://twitter.com/#!/CarrboroCitizen
http://www.carrborocitizen.com
ATHLETIC EVENTS

Full Schedules available for every sport: http://www.goheels.com/

UNC Campus Recreation Intramural Sports
http://campusrec.unc.edu/getting-involved

Runs:
For a complete list of local runs and races: http://runwellnc.com/

Fleet Feet in Carrboro has weekly free Pub Runs, yoga, and 4, 10, ½ marathon, and marathon training workouts: http://www.fleetfeetcarrboro.com/

Some races in Chapel Hill:
2013 KE Caring Community 5K: This is a 5K walk/run. We welcome individuals, teams, families, and pets!!!!!! All proceeds will go to the Caring Community Foundation- https://www.signmeup.com/site/online-event-registration/88545/SMUCalendar


THE ARTS AND SCIENCES

Carolina Performing Arts:
http://www.carolinaperformingarts.org/genres/all

Shows at Cat’s Cradle, Carrboro:
http://www.catscradle.com/schedule.html

UNC Music Department Performances and Events:
http://music.unc.edu/calendars/thecalendar
UNC Ackland Art Gallery Calendar:

Morehead Planetarium
250 E. Franklin St, Chapel Hill

Museum of Life and Science, Durham
http://www.ncmls.org/visit
Cheap Things

$12.95 adults, $10.95 seniors 65+, $9.95 children (3-12)

DSI Comedy Theatre
Upcoming shows: http://www.dsicomedytheater.com/calendar/?year=2011&month=6

Carrboro Artcenter:
Craft workshops, dance classes, and live music

Carolina Theatre’s “Retrofantasma” film series:
A monthly film series of double-features dedicated to bringing classic horror movies back to the big screen in 35mm! Created in 1998, RETROFANTASMA has developed a large dedicated audience of horror movie enthusiasts whose desire to see their favorite terror flicks is matched only by their willingness to cheer at the screen. Tickets: $7.
http://festivals.carolinatheatre.org/retrofantasma/

Varsity Theatre on Franklin St.
The Varsity Theatre has been a landmark of Chapel Hill and Franklin Street for over 50 years. Since the Sorrell building was built in 1927, it has always housed a movie theater, starting with the original Carolina Theater and then the Village Theater before becoming home to the Varsity.
http://www.varsionfranklin.com/nowplaying.asp
https://twitter.com/#!/varsitytheatre

FOOD AND DRINK
Comprehensive list of food and drink specials, bar events in the area:

Carrboro Farmers’ Market
301 W. Main St., www.carrborofarmersmarket.com
Saturdays 7 a.m.-noon (year-round)
Wednesdays 3:30-6:30pm (starting April 13th)
These fruits and veggies are in season: Belgian Endive, Brussels Sprouts, Butternut Squash, Cactus Pear, Cardoon, Cherimoya, Chestnuts, Clementines, Collard Greens, Date Plums, Dates, Delicata Squash, Grapefruit, Kale, Kiwifruit, Leeks, Mandarin Oranges, Maradol Papaya, Oranges, Passion Fruit, Pear, Persimmons, Pummelo, Red Banana, Red Currants, Sharon Fruit, Sweet Dumpling Squash, Sweet Potatoes, Tangerines, Turnips

Pick your own fruits and vegetables:
Check out these directories for local pick-your-own farms:
http://www.pickyourown.org/NCpiedmont.htm

CH Bar Specials:
Frequently updated nightly bar specials in Chapel Hill
https://twitter.com/#!/CHBarSpecials

The Stagger- Chapel Hill/Durham/Raleigh area drink specials. www.thestagger.com

Recession Tuesdays at ACME
Carrboro
All entrees $12.95 every Tuesday. Reservations highly recommended.
Tylers Taproom, Carrboro/Durham/Apex:
http://www.tylerstaproom.com/happenings

Rockfish Southpoint:
1/2 price bottles every Monday and Saturday
$2 all drafts and free glass for featured beer every Thursday at 6pm and free appetizers 9pm-11pm.
https://twitter.com/#!/RockfishNC

First Fridays, Downtown Raleigh
Art, Food, Music for free in downtown Raleigh
http://www.godowntownraleigh.com/first-friday-raleigh

Johnny’s of Carrboro
Live music and Food Truck schedule:
Johnny’s Monthly Event Calendar

Carolina Brewery:
http://www.carolinabrewery.com/carolina_brewery_news.html

City Beverage, Durham
http://www.citybeverage-durham.com/

Broadstreet Cafe, Durham
http://www.thebroadstreetcafe.com/events.html

Bull City Homebrew:
http://www.brewmasterstore.com/

Fifth Season Gardening Co., Carrboro:
Gardening, Home, and Beer/Wine making supplies
http://www.fifthseasongardening.com/

VOLUNTEER OPPORTUNITIES

UNC Hospitals Volunteer Information
http://www.unchealthcare.org/site/volunteers/adult_volunteers

United Way:
Requires creating an account. Once registered, search by zip code for nearby volunteer events.
http://volunteer.truist.com/triangle/user/login/?return_url=%2ftriangle%2fvolunteer%2fhome%2f&type=&__flash_message__=The+page+you+are+trying+to+reach+requires+you+to+login+in+or+register&__hs__flash_message__=ad9b4f32ce0331b664cebef21caae8f2ab92f46

Habitat for Humanity:
Orange County:
http://www.orangehabitat.org/volunteer/
Durham:  
http://durhamhabitat.org/volunteer/volunteer-worksite.html

Orange County Animal Shelter:  
http://www.co.orange.nc.us/animalservices/volunteers.asp