Upcoming TIBBS-Sponsored Events

Monday, August 22nd, 5:00pm
TIBBS Welcome Picnic on MBRB Lawn
All grad students are invited to the MBRB lawn to enjoy grilled chicken, hamburgers, veggie burgers, salmon burgers, brats, and all your favorite sides. Come meet the new BBSP class and have fun catching up with old friends. No registration necessary.

Wednesday, August 31st, 12:30 to 2:00
NSF Graduate Research Fellowship Program (GRFP) grant writing workshop
In this workshop presented by Dr. Ashalla Freeman and other NSF GRFP reviewers, you will learn about the NSF application process and what reviewers are looking for in your application. Last year 5 of those who attended the workshop received fellowships or honorable mentions. Watch the TIBBS listserve for more information and a registration link.

Wednesday, September 21st, 8:30 to 11:00am
Industry Networking Event at the North Carolina Biotechnology Center
An event for graduate students and postdocs to build connections with the local biotech/pharma community and learn more about industry careers. Guests will include scientists, business owners, entrepreneurs, consultants, CEOs, venture capitalists, tech transfer specialists, and patent specialists. This event is a networking and career education opportunity, not a career fair. Registration link coming soon.
Cell Press Videos for Aspiring Journal Authors

Watch four Cell Press editors answer questions from three early career scientists about preparing, submitting and publishing an article in a Cell Press journal.

There are four 7-minute videos on all steps of the manuscript submission process:
• Before manuscript submission
• After initial submission
• Decision process, and
• After manuscript acceptance

Click here to watch the videos

TIBBS Trivia Contest

If you’re one of the first ten PhD students to correctly identify the person pictured to the right you’ll get a free candy bar!

Here are a few hints:
1.) He was a famous neuroscientist and nobel prize winner in the 20th century.
2.) His studies on the brains of epileptics provided the basis for our current understanding of left and right brain independence.
3.) As an undergrad in a small school in Ohio he competed on the varsity football, baseball, basketball and track teams carrying the Yeomans to many victories.

Email your guesses to pdb@unc.edu. Good luck!
August 2011 Workshops and Events (page 1 of 4)

August 10th
Aseptic Techniques
The IACUC Aseptic Techniques class is a hands-on wet lab designed to teach students how to maintain a sterile field during survival rodent surgery. This course is mandatory for all Laboratory Animal Coordinators in laboratories performing sterile rodent surgery. All UNC rodent users who will be performing sterile survival surgeries are encouraged to attend. Alternatively, training and certification may be provided through a certified proficient Laboratory Animal Coordinator.

August 11th
IRB Update
This will be an informational session presented by an IRB representative. Individuals will receive the latest updates/requirements from the IRB. Representatives will be available answer questions concerning application submissions, approvals, safety reporting, etc. Sponsored by Office of Clinical Trials. Held in 1131 Bioinformatics from 1pm – 2pm. To register: http://cfx.research.unc.edu/res_classreg/reg_person_auth.cfm?event_id=23077&new=1.

August 16th
Basic EndNote
This Basic EndNote class will touch on the fundamental functions of the EndNote software. Building your library, managing your sources, and inserting your citations into your documents will be the focus of what we will cover. This class is structured for new to beginning users. 13 seats available. Held in HSL-329 from 1pm – 2pm. To register: http://www.hsl.unc.edu/Services/Classes/classregistration.cfm.

August 17th
Investigator-Initiated Studies
In this session, we will discuss how Investigator-initiated projects differ from Industry-sponsored trials. We will review the role of the sponsor-investigator as well as discuss contractual and financial obligations. Sponsored by Office of Clinical Trials. Held in 1131 Bioinformatics from 1:30pm – 3:30pm. To register: http://cfx.research.unc.edu/res_classreg/reg_person_auth.cfm?event_id=22989&new=1.

August 18th
The IACUC Mouse Handling and Techniques class is a hands-on wet lab designed to teach students basic techniques in mouse handling. Techniques taught include restraint, simple injections, bleeding techniques, anesthesia, and euthanasia. This course is mandatory for all Laboratory Animal Coordinators in laboratories working with live mice. All UNC mouse handlers are welcome to attend. Alternatively, training and certification may be provided
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through a certified proficient Laboratory Animal Coordinator. **Prerequisites:** Research Profile, Lab Worker Form, Animal Handler Form, and IACUC/DLAM on-line orientation (http://cfx3.research.unc.edu/iacuc_reg/). Sponsored by the Office of Animal Care and Use. Held in Glaxo 148 from 10:00am-12:30pm. This event is full. To join the waitlist: http://cfx.research.unc.edu/res_classreg/reg_person_auth.cfm?event_id=23125&new=1.

**August 22nd**

**3rd Annual Triangle Soft Matter Workshop**

**Tar Heel Transfers Workshop**
Find out How to Utilize University Career Services and Prep for the Part-Time Job Fair. UCS and Tar Heel Transfers will host a session for all transfer students on the numerous career resources available to you while at Carolina, including Careerolina, our online career management database. You can also obtain information about the Part-Time Job Fair, which is on Tuesday, August 23rd from 1-4pm in the Great Hall. Leave with the knowledge of how to be successful at the Fair: Check us out online before the workshop at careers.unc.edu and come with questions in hand. Light refreshments and give-a-ways available. Held in 239 Hanes Hall from 4pm-5pm.

**August 24th**

**Overcoming Teaching Anxiety**
A classroom full of students may seem a little intimidating. Participants in this workshop will explore strategies that may help inexperienced teachers develop in their new roles in the classroom, set the tone for learning from the beginning of class, avoid low participation in class discussions, and overcome any fears they may have.

**August 25th**

**Communication in the Classroom**
Communication is an integral part of teaching and learning. Students and instructors benefit from clear and realistic expectations about classroom communication, regular checks for comprehension, and good rapport. Facilitated by Donna Bailey, Center for Faculty Excellence. Held in Wilson Library, Room 318 (CFE Conference Room) from 12:30pm-1:30pm. To register: https://reg.abcsignup.com/reg/reg_login.aspx. For information: http://reg.abcsignup.com/reg/event_page.aspx?ek=0052-0006-1bb61376f5b140cfbb15fd7cdb1dfb7e.
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August 26th
Common Issues During the First Week of Class
The beginning of class is a time of high expectations and excitement on the part of teachers and learners. Attention to some of the common things that dampen the excitement and enthusiasm can prevent a sharp decline in the emotional climate that is necessary to facilitate teaching and learning. Maintaining a steady state of interest, enthusiasm, and expectation is believed to be essential to an effective learning environment. This session will provide tips on how to maintain interest, enthusiasm and involvement at the beginning of class and throughout the semester. Facilitated by Donna Bailey, Teaching and Learning Consultant, Center for Faculty Excellence. To register: [https://reg.abcsignup.com/reg/reg_login.aspx](https://reg.abcsignup.com/reg/reg_login.aspx). For more information: [http://reg.abcsignup.com/reg/event_page.aspx?ek=0052-0006-867512b716444fcd9cdf7004e2431532](http://reg.abcsignup.com/reg/event_page.aspx?ek=0052-0006-867512b716444fcd9cdf7004e2431532).

August 29th
Laboratory Animal Coordinator Lecture
The Laboratory Animal Coordinator (LAC) Lecture orients newly appointed Coordinators to the duties and responsibilities of being a LAC. This lecture is mandatory for all newly appointed LAC’s and all Principal Investigators are encouraged to attend. Class size is extremely limited, so newly appointed LAC’s or PI’s are given preferential seating. Please speak with a member of the Office of Animal Care and Use (966-5569) should the class be full, yet you require preferential seating. Sponsored by Office of Animal Care and Use. Held in Bioinformatics room 4137 from 10:00am-10:45am. To register: [http://cfx.research.unc.edu/res_classreg/reg_person_auth.cfm?event_id=23149&new=1](http://cfx.research.unc.edu/res_classreg/reg_person_auth.cfm?event_id=23149&new=1).

Mandatory Breeding Policy Lecture
This course is mandatory for all Principal Investigators and mouse handlers with breeding colonies. The one hour lecture reviews the Institutional policy concerning cage population densities, housing, and breeding mice. Sponsored by the Office of Animal Care and Use. Held in Bioinformatics, room 4137 from 11am-12pm. To register: [http://cfx.research.unc.edu/res_classreg/reg_person_auth.cfm?event_id=23144&new=1](http://cfx.research.unc.edu/res_classreg/reg_person_auth.cfm?event_id=23144&new=1).

August 31st
Mouse Handling and Techniques
The IACUC Mouse Handling and Techniques class is a hands-on wet lab designed to teach students basic techniques in mouse handling. Techniques taught include restraint, simple injections, bleeding techniques, anesthesia, and euthanasia. This course is mandatory for all Laboratory Animal Coordinators in laboratories working with live mice. All UNC mouse handlers are welcome to attend. Alternatively, training and certification may be provided through a certified proficient Laboratory Animal Coordinator. Prerequisites: Research Profile, Lab Worker Form, Animal Handler Form, and IACUC/DLAM on-line orientation ([http://cfx3.research.unc.edu/iacuc_reg/](http://cfx3.research.unc.edu/iacuc_reg/)). Sponsored by the Office of Animal Care and Use. Held in Glaxo 148 from 10:00am-12:30pm. To register: [http://cfx.research.unc.edu/res_classreg/reg_person_auth.cfm?event_id=23126&new=1](http://cfx.research.unc.edu/res_classreg/reg_person_auth.cfm?event_id=23126&new=1).
Leading Effective Discussion
In order for discussions to be an efficient use of class time, they must be conducted with clear goals and a solid plan for achieving those goals. Effective discussions can increase students' retention skills, help students connect class concepts with previous experiences or with global issues, and enable students to achieve higher-order learning objectives. Participants in this workshop will explore the design of effective discussions, including increasing student participation, posing questions of increasing complexity, and using reflection to promote deeper exploration into the topics being discussed. Facilitated by Donna Bailey, Teaching and Learning Consultant, Center for Faculty Excellence. To register: https://reg.abcsignup.com/reg/reg_login.aspx. For more information: http://reg.abcsignup.com/reg/event_page.aspx?ek=0052-0006-0a79c25fe2f64a448d3e170fbcdd48de.
Cheap Things to Do Around Campus in August (page 1 of 4)

**Groupon**
Groupon is a website that offers deals on things to do, services, and places to eat in your area.

**Living Social**
Offers one deal every day with discounts of up to 90% at local restaurants, bars, spas, theaters, and more.

**Our Local Deals**
Deals for the Greater Chapel Hill, Carrboro and Orange County Communities

ATHLETIC EVENTS:

**Full UNC Athletic Schedule:**

**Carolina Railhawks Soccer Schedule:**
WakeMed Soccer Park, Cary. Tickets for as low as $10
Home games on 8/6, 8/13, 8/17, 8/20, 8/27

THE ARTS:

Carolina Performing Arts:
[http://www.carolinaperformingarts.org/genres/all](http://www.carolinaperformingarts.org/genres/all)

Shows at Cat’s Cradle, Carrboro:

August 5th: **Brother Esau**
Doors: 8:00pm, Show: 9:00pm, $6 Advance, $8 Day of the Show

August 6th: **Chatham County Line**
Doors: 8:00pm, Show: 9:00pm, $14 Advance, $17 Day of Show

August 9th: **Kurt Vile and the Violators**
Doors: 8:00pm, Show: 9:00pm, $12 Advance, $15 Day of Show

August 10th: **Toad the Wet Sprocket**
Doors: 7:00pm, Show: 8:00pm, $22 Advance, $25 Day of Show

August 31st: **The Hold Steady**
Doors: 8:00pm, Show: 9:00pm, $18 Advance, $20 Day of Show

UNC Music Department Performances and Events:
[http://music.unc.edu/calendars/thecalendar](http://music.unc.edu/calendars/thecalendar)

UNC Ackland Art Gallery Calendar:

Morehead Planetarium
250 E. Franklin St, Chapel Hill
$6 for students and children.
Cheap Things to Do Around Campus in August (page 2 of 4)

DSI Comedy Theatre
Upcoming shows: http://www.dsicomedytheater.com/calendar/?year=2011&month=6

Carrboro Artcenter:
Craft workshops, dance classes, and live music

Carolina Theatre’s “Retrofantasma” film series:
A monthly film series of double-features dedicated to bringing classic horror movies back to the big screen in 35mm!
Created in 1998, RETROFANTASMA has developed a large dedicated audience of horror movie enthusiasts whose desire to see their favorite terror flicks is matched only by their willingness to cheer at the screen. Tickets: $7. July 15th: Jaws and The Car.
http://festivals.carolinatheatre.org/retrofantasma/

Varsity Theatre on Franklin St.
The Varsity Theatre has been a landmark of Chapel Hill and Franklin Street for over 50 years. Since the Sorrell building was built in 1927, it has always housed a movie theater, starting with the original Carolina Theater and then the Village Theater before becoming home to the Varsity.
http://www.varsityonfranklin.com/nowplaying.asp
https://twitter.com/#/varsitytheatre

Carolina Union Activities Board:
Different activities organized by the CUAB. Free films are shown during the school year. Free film schedule will be put up in August.
http://www.unc.edu/cuab/events.shtml

Area Movie Schedule:
Showtimes

Food & Drink:
Comprehensive list of food and drink specials, bar events in the area:

http://www.beerandbourbon.com/cary/show-info
Beer, Bourbon, and BBQ Festival in Cary August 5th and 6th! Tickets range from $35-75 depending on what is included.

Pick your own fruit and vegetables at local farms:
Blueberries and blackberries are still in season!

The Stagger- Chapel Hill/Durham/Raleigh area drink specials.

Recession Tuesdays at ACME
Carrboro
All entrees $12.95 every Tuesday. Reservations highly recommended.
Cheap Things to Do Around Campus in August (page 3 of 4)

Tylers Taproom, Carrboro/Durham/Apex:  
http://www.tylerstaproom.com/happenings

Rockfish Southpoint:  
1/2 price bottles every Monday and Saturday  
$2 all drafts and free glass for featured beer every Thursday at 6pm and free appetizers 9pm-11pm.  
https://twitter.com/#!/RockfishNC

CH Bar Specials:  
Frequently updated nightly bar specials in Chapel Hill  
https://twitter.com/#!/CHBarSpecials

Chapel Hill Event Calendar:  
http://events.triangle.com/search?city=Chapel+Hill&new=n&srad=50&st=event&swhat=&swhere=&swhen=Next+30+Days  

Durham Event Calendar:  
http://events.triangle.com/search?city=Durham&new=n&srad=50&st=event&swhat=&swhere=&swhen=Next+30+Days  
http://www.durham-nc.com/visitors/event_cal.php

Carrboro Citizen:  
http://twitter.com/#!/CarrboroCitizen  
http://www.carrborocitizen.com

Independent Weekly:  
http://www.indyweek.com  
http://twitter.com/#!/indyweek

Carrboro Farmers’ Market  
301 W. Main St., www.carrborofarmersmarket.com  
Saturdays 7 a.m.-noon (year-round)  
Wednesdays 3:30-6:30pm (starting April 13th)

Johnny’s of Carrboro  
Live music and Food Truck schedule:  
Johnny’s Monthly Event Calendar

Carolina Brewery:  
http://www.carolinabrewery.com/carolina_brewery_news.html

Fullsteam Brewery, Durham
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Top of the Hill, Chapel Hill

City Beverage, Durham
http://www.citybeverage-durham.com/

Broadstreet Cafe, Durham
http://www.thebroadstreetcafe.com/events.html

The Pig Restaurant, Chapel Hill
http://www.thepigrestaurant.com/menu.html

Bull City Homebrew:
http://www.brewmasterstore.com/

Fifth Season Gardening Co., Carrboro:
Gardening, Home, and Beer/Wine making supplies
http://www.fifthseasongardening.com/

Volunteer Opportunities:

United Way:
Requires creating an account. Once registered, search by zip code for nearby volunteer events.
http://volunteer.truist.com/triangle/user/login/?return_url=%2ftriangle%2fvolunteer%2fhome%2f&type=&__flash_message__=The+page+you+are+trying+to+reach+requires+you+to+log+in+or+register&__hs___flash_message__=ad9b4f32ce0331b664cebef21caae8fd2ab92f46

Habitat for Humanity:

Orange County:
http://www.orangehabitat.org/volunteer/
Durham:
http://durhamhabitat.org/volunteer/volunteer-worksite.html